



## Helderberg Mountain Challenge 24km

### Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:25:28	85	David	LONG	Senior	Male	35
2	03:37:56	10	William	BATTERSBY	Veteran	Male	40
3	03:42:26	138	Franz-Erich	STREICHER	Senior	Male	30
4	03:47:31	34	Michael	DAVIDSON	Veteran	Male	40
5	03:53:00	154	Cobus	VAN DYK	Senior	Male	39
6	03:54:26	109	Philip	NAUDE	Senior	Male	29
7	03:56:21	56	Kyle	GREEN	Senior	Male	24
8	03:56:48	20	Matthew	BURKE	Senior	Male	27
9	04:00:19	13	Erhard	BLOM	Senior	Male	37
10	04:01:03	147	Doug	TURVEY	Veteran	Male	48
11	04:03:33	76	Johan	KELLERMANN	Senior	Male	26
12	04:04:29	99	Ian	METCALFE	Senior	Male	37
13	04:05:58	75	Werner	KACHELHOFFER	Senior	Male	30
14	04:06:48	82	Jason	LA COCK	Senior	Male	24
15	04:10:20	68	Glenn	HURLOW	Veteran	Male	46
16	04:12:31	104	Nicholas	MINNAAR	Senior	Male	26
17	04:16:16	140	Matthew	SWART	Senior	Male	22
18	04:16:43	31	Darryl	COOKE	Veteran	Male	45
19	04:18:16	153	Marna	VAN DEVENTER	Senior	Female	38
20	04:18:19	158	Mornø	VORSTER	Veteran	Male	42
21	04:19:53	41	Kobus	DELPORT	Senior	Male	27
22	04:20:36	151	Johann	VAN DER NEST	Senior	Male	37
23	04:20:37	16	Theuns	BOTHA	Senior	Male	30
24	04:22:37	67	Julie	HUCKLE	Master	Female	50
25	04:23:50	112	Ryan	NELSON	Veteran	Male	44
26	04:24:26	132	Evan	SMIT	Senior	Male	31
27	04:25:38	72	Wesley	JOHNSTON	Senior	Male	34
28	04:28:12	123	Anton	QUENET	Master	Male	52
29	04:33:06	95	Stephan	MAY	Senior	Male	28
30	04:33:07	169	Piet	LOURENS	Senior	Male	25
31	04:34:48	71	Trevor	JACOBS	Veteran	Male	47
32	04:37:27	28	Daryn	CLARK	Senior	Male	36
33	04:38:48	106	Samuel	MOHR	Senior	Male	36
34	04:44:27	21	Flavio	BUSI	Master	Male	51
35	04:45:56	171	Cally	SILBERBAUER	Senior	Female	24
36	04:45:58	88	Riaan	LOURENS	Veteran	Male	42
37	04:46:49	121	Simon	POCOCK	Senior	Male	29
38	04:46:59	126	Kyle	ROMAN	Senior	Male	26
39	04:49:44	46	Simon	DRENNAN	Senior	Male	24
40	04:50:02	55	Gordon	GORDON	Senior	Male	36
41	04:50:12	44	Kevin	DORNBRACK	Senior	Male	22
42	04:51:53	144	Sean	TICKNER	Senior	Male	37
43	04:53:24	50	Anton	ECCLES	Senior	Male	38
44	04:55:37	156	Eddie	VIENINGS	Veteran	Male	43
45	04:56:20	135	Shaun	STARCK	Senior	Male	32
46	04:56:43	12	Rudi	BENN	Veteran	Male	48
47	04:58:00	37	Ian	DE LANGE	Master	Male	50
48	05:00:35	155	Quintin	VAN DYK	Senior	Male	35
49	05:01:03	6	Francois	BARNARD	Senior	Male	28
50	05:01:33	146	Robyn	TULLY	Senior	Female	29
51	05:01:40	63	Annabelle	HILL	Senior	Female	24
52	05:02:39	11	Darren	BEHRENDT	Senior	Male	38
53	05:02:50	4	William	ALEXANDER	Veteran	Male	40
54	05:03:18	157	Gareth	VISSER	Senior	Male	30
55	05:03:41	174	Ruan	VAN JAARVELD	Senior	Male	25
56	05:04:25	7	Eduan	BASSON	Veteran	Male	40
57	05:08:29	160	Jayson	WELTHAGEN	Veteran	Male	43

58	05:08:58	105	Andre	MOHR	Senior	Male	36
59	05:09:57	30	Jaco	COETZEE	Senior	Male	34
60	05:11:09	66	Darryn	HOWES	Senior	Male	25
61	05:11:10	124	Petra	RAIMOND	Senior	Female	34
62	05:11:36	170	Derick	COETZEE	Senior	Male	36
63	05:13:02	42	Ewoud	DERKSEN	Senior	Male	34
64	05:13:35	62	Andy	HIGGINBOTHAM	Veteran	Male	42
65	05:14:23	53	Wehmeyer	FERREIRA	Senior	Male	33
66	05:14:24	176	Zane	ZANDBERG	Senior	Male	28
67	05:15:24	27	Louis	CLAASSEN	Master	Male	62
68	05:15:27	165	Robyn	PERRY	Senior	Female	30
69	05:20:06	172	Jacques	LE ROUX	Senior	Male	37
70	05:20:43	43	Alexander	DIERKS	Master	Male	52
71	05:21:31	167	James	WILSON	Senior	Male	37
72	05:21:44	162	Lewis	WOLF	Senior	Male	34
73	05:22:13	19	Bram	BUIJS	Senior	Male	37
74	05:23:33	110	Anton	NEETHLING	Veteran	Male	42
75	05:24:53	70	LØzil	JACOBS	Senior	Female	26
76	05:24:55	35	Danvig	DE BRUYN	Senior	Male	27
77	05:26:11	159	Herman	WALLIS	Senior	Male	39
78	05:26:33	60	Bronwyn	HASTINGS	Senior	Female	32
79	05:26:48	8	Douglas	BATCHELOR	Senior	Male	39
80	05:31:56	51	Jonathan	EDWARDS	Senior	Male	33
81	05:34:45	152	Kevin	VAN DEVENTER	Senior	Male	20
82	05:37:39	168	Ilse	LANGHOUT	Veteran	Female	40
83	05:41:17	128	Mark	RUDLING	Senior	Male	35
84	05:42:47	26	Angelique	CILLIERS	Veteran	Female	43
85	05:43:27	17	James	BRUSATORI	Senior	Male	29
86	05:43:39	80	Wiaan	KRIEL	Senior	Male	32
87	05:47:51	141	Dale	SYMONS	Veteran	Male	46
88	05:53:17	74	Carl	JOUBERT	Senior	Male	34
89	05:55:12	143	Thekla	TEUNIS	Senior	Female	33
90	05:56:12	97	Scott	MCIVOR	Master	Male	63
91	06:03:48	166	Riaan	NIEUWOUDT	Master	Male	55
92	06:04:36	33	Tracy-Lee	DALTON	Senior	Female	29
93	06:04:38	94	Shawn	MATHYSE	Senior	Male	29
94	06:06:54	61	Chris	HAWORTH	Senior	Male	39
95	06:06:56	3	Marisa	AGNELLO	Senior	Female	38
96	06:08:36	114	Ted	PARZYDLO	Veteran	Male	48
97	06:14:13	136	Tammy	STARCK	Senior	Female	34
98	06:14:47	107	Julian	MOUNTAIN	Senior	Male	37
99	06:15:34	163	Shawn	WOOD	Veteran	Male	45
100	06:22:09	173	Flip	LE ROUX	Senior	Male	28
101	06:22:18	96	Rob	MCDONALD	Master	Male	65
102	06:26:13	164	Arthur	ZERF	Senior	Male	33
103	06:27:11	64	Beyers	HOEK	Veteran	Male	41
104	06:27:22	2	Elri	AGENBAG	Senior	Female	35
105	06:29:19	113	Tauriq	NOLLY	Veteran	Male	41
106	06:29:40	23	Shai	CHEN	Senior	Female	39
107	06:29:40	84	Flip	LE ROUX	Senior	Male	28
108	06:33:38	116	Mark	PEDERSEN	Senior	Male	39
109	06:34:15	89	Leon	LOUW	Veteran	Male	46
110	06:37:54	29	Dewrick	COETZEE	Senior	Male	36
111	06:38:28	48	Albe	DU TOIT	Senior	Male	32
112	06:39:00	69	Ricardo	ISAACS	Veteran	Male	44
113	06:42:40	148	Frank	UYS	Master	Male	56
114	06:42:45	130	Tracy	SHAW	Veteran	Female	44
115	06:48:32	133	Johann	SMIT	Veteran	Male	42
116	06:52:49	36	Mart-Marθ	DE KLERK	Senior	Female	33
117	06:52:50	98	Helen	MEARNS	Senior	Female	36
118	06:56:27	24	Geoffrey	CHISNALL	Senior	Male	36
119	06:59:36	18	Helen	BRYNARD-BLOM	Senior	Female	37
120	07:01:39	101	Nothemba	MFOLOZI	Senior	Female	37

## Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:25:28	85	David	LONG	Senior	Male	35
2	03:42:26	138	Franz-Erich	STREICHER	Senior	Male	30
3	03:53:00	154	Cobus	VAN DYK	Senior	Male	39
4	03:54:26	109	Philip	NAUDE	Senior	Male	29
5	03:56:21	56	Kyle	GREEN	Senior	Male	24
6	03:56:48	20	Matthew	BURKE	Senior	Male	27
7	04:00:19	13	Erhard	BLOM	Senior	Male	37
8	04:03:33	76	Johan	KELLERMANN	Senior	Male	26
9	04:04:29	99	Ian	METCALFE	Senior	Male	37
10	04:05:58	75	Werner	KACHELHOFFER	Senior	Male	30
11	04:06:48	82	Jason	LA COCK	Senior	Male	24
12	04:12:31	104	Nicholas	MINNAAR	Senior	Male	26
13	04:16:16	140	Matthew	SWART	Senior	Male	22
14	04:19:53	41	Kobus	DELPORT	Senior	Male	27
15	04:20:36	151	Johann	VAN DER NEST	Senior	Male	37
16	04:20:37	16	Theuns	BOTHA	Senior	Male	30
17	04:24:26	132	Evan	SMIT	Senior	Male	31
18	04:25:38	72	Wesley	JOHNSTON	Senior	Male	34
19	04:33:06	95	Stephan	MAY	Senior	Male	28
20	04:33:07	169	Piet	LOURENS	Senior	Male	25
21	04:37:27	28	Daryn	CLARK	Senior	Male	36
22	04:38:48	106	Samuel	MOHR	Senior	Male	36
23	04:46:49	121	Simon	POCOCK	Senior	Male	29
24	04:46:59	126	Kyle	ROMAN	Senior	Male	26
25	04:49:44	46	Simon	DRENNAN	Senior	Male	24
26	04:50:02	55	Gordon	GORDON	Senior	Male	36
27	04:50:12	44	Kevin	DORNBRACK	Senior	Male	22
28	04:51:53	144	Sean	TICKNER	Senior	Male	37
29	04:53:24	50	Anton	ECCLES	Senior	Male	38
30	04:56:20	135	Shaun	STARCK	Senior	Male	32
31	05:00:35	155	Quintin	VAN DYK	Senior	Male	35
32	05:01:03	6	Francois	BARNARD	Senior	Male	28
33	05:02:39	11	Darren	BEHRENDT	Senior	Male	38
34	05:03:18	157	Gareth	VISSER	Senior	Male	30
35	05:03:41	174	Ruan	VAN JAARVELD	Senior	Male	25
36	05:08:58	105	Andre	MOHR	Senior	Male	36
37	05:09:57	30	Jaco	COETZEE	Senior	Male	34
38	05:11:09	66	Darryn	HOWES	Senior	Male	25
39	05:11:36	170	Derick	COETZEE	Senior	Male	36
40	05:13:02	42	Ewoud	DERKSEN	Senior	Male	34
41	05:14:23	53	Wehmeyer	FERREIRA	Senior	Male	33
42	05:14:24	176	Zane	ZANDBERG	Senior	Male	28
43	05:20:06	172	Jacques	LE ROUX	Senior	Male	37
44	05:21:31	167	James	WILSON	Senior	Male	37
45	05:21:44	162	Lewis	WOLF	Senior	Male	34
46	05:22:13	19	Bram	BUIJS	Senior	Male	37
47	05:24:55	35	Danvig	DE BRUYN	Senior	Male	27
48	05:26:11	159	Herman	WALLIS	Senior	Male	39
49	05:26:48	8	Douglas	BATCHELOR	Senior	Male	39
50	05:31:56	51	Jonathan	EDWARDS	Senior	Male	33
51	05:34:45	152	Kevin	VAN DEVENTER	Senior	Male	20
52	05:41:17	128	Mark	RUDLING	Senior	Male	35
53	05:43:27	17	James	BRUSATORI	Senior	Male	29
54	05:43:39	80	Wiaan	KRIEL	Senior	Male	32
55	05:53:17	74	Carl	JOUBERT	Senior	Male	34
56	06:04:38	94	Shawn	MATHYSE	Senior	Male	29
57	06:06:54	61	Chris	HAWORTH	Senior	Male	39
58	06:14:47	107	Julian	MOUNTAIN	Senior	Male	37
59	06:22:09	173	Flip	LE ROUX	Senior	Male	28
60	06:26:13	164	Arthur	ZERF	Senior	Male	33
61	06:29:40	84	Flip	LE ROUX	Senior	Male	28
62	06:33:38	116	Mark	PEDERSEN	Senior	Male	39
63	06:37:54	29	Dewrick	COETZEE	Senior	Male	36
64	06:38:28	48	Albe	DU TOIT	Senior	Male	32
65	06:56:27	24	Geoffrey	CHISNALL	Senior	Male	36

**Senior Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:18:16	153	Marna	VAN DEVENTER	Senior	Female	38
2	04:45:56	171	Cally	SILBERBAUER	Senior	Female	24
3	05:01:33	146	Robyn	TULLY	Senior	Female	29
4	05:01:40	63	Annabelle	HILL	Senior	Female	24
5	05:11:10	124	Petra	RAIMOND	Senior	Female	34
6	05:15:27	165	Robyn	PERRY	Senior	Female	30
7	05:24:53	70	LÖzil	JACOBS	Senior	Female	26
8	05:26:33	60	Bronwyn	HASTINGS	Senior	Female	32
9	05:55:12	143	Thekla	TEUNIS	Senior	Female	33
10	06:04:36	33	Tracy-Lee	DALTON	Senior	Female	29
11	06:06:56	3	Marisa	AGNELLO	Senior	Female	38
12	06:14:13	136	Tammy	STARCK	Senior	Female	34
13	06:27:22	2	Elri	AGENBAG	Senior	Female	35
14	06:29:40	23	Shai	CHEN	Senior	Female	39
15	06:52:49	36	Mart-Marθ	DE KLERK	Senior	Female	33
16	06:52:50	98	Helen	MEARNS	Senior	Female	36
17	06:59:36	18	Helen	BRYNARD-BLOM	Senior	Female	37
18	07:01:39	101	Nothemba	MFOLOZI	Senior	Female	37

**Veteran Men**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	03:37:56	10	William	BATTERSBY	Veteran	Male	40
2	03:47:31	34	Michael	DAVIDSON	Veteran	Male	40
3	04:01:03	147	Doug	TURVEY	Veteran	Male	48
4	04:10:20	68	Glenn	HURLOW	Veteran	Male	46
5	04:16:43	31	Darryl	COOKE	Veteran	Male	45
6	04:18:19	158	Mornθ	VORSTER	Veteran	Male	42
7	04:23:50	112	Ryan	NELSON	Veteran	Male	44
8	04:34:48	71	Trevor	JACOBS	Veteran	Male	47
9	04:45:58	88	Riaan	LOURENS	Veteran	Male	42
10	04:55:37	156	Eddie	VIENINGS	Veteran	Male	43
11	04:56:43	12	Rudi	BENN	Veteran	Male	48
12	05:02:50	4	William	ALEXANDER	Veteran	Male	40
13	05:04:25	7	Eduan	BASSON	Veteran	Male	40
14	05:08:29	160	Jayson	WELTHAGEN	Veteran	Male	43
15	05:13:35	62	Andy	HIGGINBOTHAM	Veteran	Male	42
16	05:23:33	110	Anton	NEETHLING	Veteran	Male	42
17	05:47:51	141	Dale	SYMONS	Veteran	Male	46
18	06:08:36	114	Ted	PARZYDLO	Veteran	Male	48
19	06:15:34	163	Shawn	WOOD	Veteran	Male	45
20	06:27:11	64	Beyers	HOEK	Veteran	Male	41
21	06:29:19	113	Tauriq	NOLLY	Veteran	Male	41
22	06:34:15	89	Leon	LOUW	Veteran	Male	46
23	06:39:00	69	Ricardo	ISAACS	Veteran	Male	44
24	06:48:32	133	Johann	SMIT	Veteran	Male	42

**Veteran Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	05:37:39	168	Ilse	LANGHOUT	Veteran	Female	40
2	05:42:47	26	Angelique	CILLIERS	Veteran	Female	43
3	06:42:45	130	Tracy	SHAW	Veteran	Female	44

**Master Men**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:28:12	123	Anton	QUENET	Master	Male	52
2	04:44:27	21	Flavio	BUSI	Master	Male	51
3	04:58:00	37	Ian	DE LANGE	Master	Male	50
4	05:15:24	27	Louis	CLAASSEN	Master	Male	62
5	05:20:43	43	Alexander	DIERKS	Master	Male	52
6	05:56:12	97	Scott	MCIVOR	Master	Male	63
7	06:03:48	166	Riaan	NIEUWOUDT	Master	Male	55
8	06:22:18	96	Rob	MCDONALD	Master	Male	65
9	06:42:40	148	Frank	UYS	Master	Male	56

**Master Female**

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	04:22:37	67	Julie	HUCKLE	Master	Female	50