



Helderberg Mountain Challenge 15km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:35:21	613	Stephen	MILLARD	Senior	Male	17
2	01:35:38	534	Roger	DICKSON	Veteran	Male	45
3	01:36:00	628	Hayley	PREEN	Senior	Female	20
4	01:37:41	677	Nicholas	HARRISON	Senior	Male	21
5	01:40:55	617	Ruan	MYBURGH	Senior	Male	17
6	01:41:24	625	Cana	PEEK	Senior	Female	20
7	01:42:42	533	Simon	DE WAAL	Senior	Male	26
8	01:46:26	681	Andy	DURING	Senior	Male	22
9	01:46:41	595	Annamart	LAUBSCHER	Senior	Female	24
10	01:47:12	561	Lauren	GRANGER	Senior	Female	26
11	01:47:30	612	Karl	MIDLANE	Senior	Male	22
12	01:49:09	568	Neil	HERMANN	Master	Male	59
13	01:52:54	565	Julian	HEATH	Senior	Male	23
14	01:54:19	549	David	FARRELL	Master	Male	53
15	01:55:59	582	Brandon	KEELING	Senior	Male	17
16	01:56:00	559	Justin	GOLDBERG	Senior	Male	20
17	01:56:29	717	Amir	SHROLA	Veteran	Male	40
18	01:56:42	522	Thomas	CHADWICK	Senior	Male	23
19	01:57:33	541	Sakkie	DU TOIT	Veteran	Male	48
20	01:57:41	518	Nichoals	BUNN	Senior	Male	20
21	01:57:45	619	Pieter	NAUDE	Senior	Male	27
22	01:59:13	505	Yazied	BAKER	Veteran	Male	40
23	02:00:23	598	Nicholas	LIMBERT	Senior	Male	20
24	02:00:58	547	Helene	ERASMUS	Senior	Female	22
25	02:01:06	512	Hendry	BESSINGER	Senior	Male	38
26	02:02:05	566	Kristen	HEATH	Senior	Female	21
27	02:02:59	529	Donald	CURTAYNE	Senior	Male	28
28	02:03:38	580	Eric	JUDD	Master	Male	59
29	02:05:12	514	Martin	BONGERS	Senior	Male	35
30	02:07:08	551	Toby	FORTES	Senior	Male	38
31	02:08:01	589	Jacobus	LACOCK	Senior	Male	39
32	02:08:12	631	Alexandra	QUENET	Senior	Female	23
33	02:09:58	571	Cheryl	HOWSON	Senior	Female	32
34	02:11:14	668	Johan	WALTERS	Senior	Male	38
35	02:11:19	538	Anneke	DU PLESSIS	Senior	Female	36
36	02:13:06	652	Paul	TURNER	Veteran	Male	40
37	02:13:22	674	Ryan	ZOUTENDYK	Veteran	Male	41
38	02:14:00	564	Niek	HARTEVELD	Veteran	Male	47
39	02:14:36	679	Marc	CORNWELL	Senior	Male	37
40	02:17:23	650	Lodewyk	TERBLANCHE	Master	Male	59
41	02:17:26	556	Gina	GIBSON	Senior	Female	30
42	02:17:28	546	Philip	ELTRINGHAM	Senior	Male	35
43	02:19:01	675	Graham	ALESSANDRI	Master	Male	58
44	02:19:04	634	Andro	ROSSOUW	Senior	Male	34
45	02:19:06	572	Daniel	HUGHES	Veteran	Male	41
46	02:20:54	673	Emily	YEO	Senior	Female	21
47	02:21:21	577	Pierre	JORDAAN	Veteran	Male	45
48	02:21:26	655	Nikola	VAN DER LINDE	Senior	Female	37
49	02:22:52	602	Wynand	MALAN	Senior	Male	39
50	02:25:12	683	Johan	BOOYSEN	Veteran	Male	46
51	02:25:59	658	Johan	VAN DER MERWE	Senior	Male	32
52	02:28:26	557	Charles	GIRDLESTONE	Master	Male	53
53	02:28:59	692	Browne	BROWNE	Veteran	Male	43
54	02:29:35	525	Wayne	COWIE	Senior	Male	39
55	02:29:35	537	Rory	DOWER	Senior	Male	39
56	02:29:36	608	Suzette	MCIVOR	Veteran	Female	49
57	02:29:37	569	Christopher	HOLDSWORTH	Senior	Male	35
58	02:31:55	606	Paul	MAVROCOLEAS	Senior	Male	37
59	02:31:59	586	Michelle	KOBLISCHKE	Senior	Female	38
60	02:33:10	682	Bianca	SILBERBAUER	Senior	Female	23
61	02:33:14	643	Natasha	SOLARI	Senior	Female	26

62	02:33:38	662	Alec	VAN NIEKERK	Senior	Male	32
63	02:35:09	535	Helgaard	DOMAN	Senior	Male	35
64	02:35:11	554	Heinrich	GERICKE	Master	Male	51
65	02:35:34	553	Ganief	GALVAAN	Master	Male	59
66	02:36:29	611	Elmarie	MEYER	Senior	Female	35
67	02:38:08	646	Alan	STRUTHERS	Veteran	Male	45
68	02:39:04	597	Tinus	LE ROUX	Master	Male	58
69	02:39:05	528	Nico	CROUKAMP	Veteran	Male	46
70	02:40:00	517	Andre	BRINK	Master	Male	51
71	02:40:32	678	Colleen	KNOT	Senior	Female	33
72	02:40:41	635	Charles	RUMBOLL	Senior	Male	36
73	02:40:44	672	Petro	WIPLINGER	Veteran	Female	41
74	02:40:47	501	Anne	ALESSANDRI	Veteran	Female	43
75	02:41:02	562	Jason	GRIESEL	Senior	Male	34
76	02:41:30	587	Johan	KRITZINGER	Master	Male	55
77	02:41:53	592	Taryn	LANDMAN	Veteran	Female	40
78	02:42:13	513	Dom	BIRCH	Veteran	Male	44
79	02:42:53	684	Kobos	LOURENS	Master	Male	55
80	02:43:32	523	Gerhard	COETZEE	Senior	Male	36
81	02:44:03	661	Philip	VAN DER MERWWE	Master	Male	57
82	02:44:04	656	Dirkie	VAN DER MERWE	Veteran	Male	46
83	02:44:06	601	Teretha	LOURENS	Master	Female	55
84	02:46:09	638	Elianne	SCHMITTINGER	Senior	Female	33
85	02:46:22	567	Eric Craig	HENRY	Veteran	Male	44
86	02:47:13	550	Patrick	FITZGERALD	Senior	Male	36
87	02:47:16	503	Ursula	AUER	Veteran	Female	45
88	02:49:18	687	Aileen	UYS	Senior	Female	34
89	02:50:01	696	Lisa	PENNELL	Veteran	Female	40
90	02:50:46	542	Don	DUFFIELD	Master	Male	50
91	02:52:40	691	Louis	KRUGER	Senior	Male	34
92	02:52:55	657	Jacobus	VAN DER MERWE	Senior	Male	29
93	02:52:55	660	Raelene	VAN DER MERWE	Senior	Female	24
94	02:53:59	688	Jeanne	MEYER	Senior	Female	27
95	02:53:59	689	Zani	SMITH	Senior	Female	34
96	02:54:37	544	John	ECCLES	Master	Male	68
97	02:55:24	530	Zelda	DE PAIVA	Veteran	Female	46
98	02:55:43	520	Lisa	BURGER	Senior	Female	33
99	02:56:31	698	Keri	DAVIES	Veteran	Female	40
100	02:56:33	623	Brad	PAGE	Senior	Male	34
101	02:57:57	626	Tiaan	PIETERSEN	Senior	Male	26
102	03:00:11	507	Christian	BARET	Master	Male	58
103	03:00:12	649	Heleen	TAYLER	Senior	Female	36
104	03:00:13	610	Elanie	MEYER	Senior	Female	17
105	03:04:42	500	Noel	ADORNO	Master	Female	54
106	03:04:45	624	Burgess	PATTERSON	Veteran	Male	47
107	03:04:45	629	Bernard	PRETORIUS	Senior	Male	35
108	03:06:24	680	Craig	REDELINGHUIS	Veteran	Male	44
109	03:06:44	515	Helet	BOTHA	Senior	Female	31
110	03:06:44	573	Gabi	IMMELMAN	Senior	Female	27
111	03:07:08	686	Karen	STEYN	Veteran	Female	49
112	03:08:03	560	Allan	GRACE	Veteran	Male	42
113	03:08:03	583	Joshua	KENNEDY	Senior	Male	31
114	03:08:22	516	Liz	BRASH	Master	Female	59
115	03:11:29	506	Angelique	BANNAU	Senior	Female	33
116	03:13:09	545	Kerry-Ann	ELSON	Senior	Female	34
117	03:13:40	527	Stephanie	CROSSLAND	Veteran	Female	47
118	03:15:10	555	Dominique	GEYSER	Senior	Female	39
119	03:15:15	605	Melanie	MARTIN	Veteran	Female	49
120	03:15:33	607	Graham	MCCOLLUM	Veteran	Male	41
121	03:15:34	570	Jen	HOLNESS	Veteran	Female	40
122	03:15:38	640	Monique	SCHUTTE	Senior	Female	30
123	03:15:39	521	Anthony	CAISLEY	Senior	Male	34
124	03:17:01	633	Rezah	REID	Veteran	Male	40
125	03:18:20	536	Paul	DORNBRACK	Master	Male	59
126	03:18:29	621	Kuhle	NYEMBE	Senior	Female	35
127	03:19:06	642	Dirk	SMIT	Senior	Male	36
128	03:19:55	591	Kim	LAMB	Master	Female	53
129	03:25:12	509	Lionel	BASSON	Senior	Male	32
130	03:31:22	648	Lyndon	SYSTER	Senior	Male	35
131	03:31:22	690	Cathenne	LOVETT	Senior	Female	33
132	03:43:40	636	Mark	SCHAFFNER	Master	Male	59
133	03:55:25	575	Louisa	JACOBS	Veteran	Female	45
134	04:08:08	581	Nenekazi	JUKUDA	Senior	Female	33

135	04:08:21	594	Jackie	LATEGAN	Veteran	Female	45
136	04:08:22	574	Cornel	JACOBS	Veteran	Female	41
137	04:24:22	585	Hilary	KNIGHT	Master	Female	55
138	04:27:18	676	Malefase	MADIBA	Veteran	Male	40
139	04:29:41	664	Phillip	VAN SCHALKWYK	Master	Male	70
140	04:32:46	526	Colleen	CROSS	Senior	Female	38
141	04:32:49	641	Tamryn	SIRILLI	Veteran	Female	41
142	04:36:11	614	Phemelo	MITCHELL	Senior	Female	34
143	04:36:13	548	Raymond	EYIOMEN	Senior	Male	33
144	04:36:22	685	Mmamayoudi	KUBJANE	Senior	Female	27

Senior Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:35:21	613	Stephen	MILLARD	Senior	Male	17
2	01:37:41	677	Nicholas	HARRISON	Senior	Male	21
3	01:40:55	617	Ruan	MYBURGH	Senior	Male	17
4	01:42:42	533	Simon	DE WAAL	Senior	Male	26
5	01:46:26	681	Andy	DURING	Senior	Male	22
6	01:47:30	612	Karl	MIDLANE	Senior	Male	22
7	01:52:54	565	Julian	HEATH	Senior	Male	23
8	01:55:59	582	Brandon	KEELING	Senior	Male	17
9	01:56:00	559	Justin	GOLDBERG	Senior	Male	20
10	01:56:42	522	Thomas	CHADWICK	Senior	Male	23
11	01:57:41	518	Nichoals	Bunn	Senior	Male	20
12	01:57:45	619	Pieter	NAUDE	Senior	Male	27
13	02:00:23	598	Nicholas	Limbert	Senior	Male	20
14	02:01:06	512	Hendry	BESSINGER	Senior	Male	38
15	02:02:59	529	Donald	CURTAYNE	Senior	Male	28
16	02:05:12	514	Martin	BONGERS	Senior	Male	35
17	02:07:08	551	Toby	FORTES	Senior	Male	38
18	02:08:01	589	Jacobus	LACOCK	Senior	Male	39
19	02:11:14	668	Johan	WALTERS	Senior	Male	38
20	02:14:36	679	Marc	CORNWELL	Senior	Male	37
21	02:17:28	546	Philip	ELTRINGHAM	Senior	Male	35
22	02:19:04	634	Andro	ROSSOUW	Senior	Male	34
23	02:22:52	602	Wynand	MALAN	Senior	Male	39
24	02:25:59	658	Johan	VAN DER MERWE	Senior	Male	32
25	02:29:35	525	Wayne	COWIE	Senior	Male	39
26	02:29:35	537	Rory	DOWER	Senior	Male	39
27	02:29:37	569	Christopher	HOLDSWORTH	Senior	Male	35
28	02:31:55	606	Paul	MAVROCOLEAS	Senior	Male	37
29	02:33:38	662	Alec	VAN NIEKERK	Senior	Male	32
30	02:35:09	535	Helgaard	DOMAN	Senior	Male	35
31	02:40:41	635	Charles	RUMBOLL	Senior	Male	36
32	02:41:02	562	Jason	GRIESSEL	Senior	Male	34
33	02:43:32	523	Gerhard	COETZEE	Senior	Male	36
34	02:47:13	550	Patrick	FITZGERALD	Senior	Male	36
35	02:52:40	691	Louis	KRUGER	Senior	Male	34
36	02:52:55	657	Jacobus	VAN DER MERWE	Senior	Male	29
37	02:56:33	623	Brad	PAGE	Senior	Male	34
38	02:57:57	626	Tiaan	PIETERSEN	Senior	Male	26
39	03:04:45	629	Bernard	PRETORIUS	Senior	Male	35
40	03:08:03	583	Joshua	KENNEDY	Senior	Male	31
41	03:15:39	521	Anthony	CAISLEY	Senior	Male	34
42	03:19:06	642	Dirk	SMIT	Senior	Male	36
43	03:25:12	509	Lionel	BASSON	Senior	Male	32
44	03:31:22	648	Lyndon	SYSTER	Senior	Male	35
45	04:36:13	548	Raymond	EYIOMEN	Senior	Male	33

Senior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:36:00	628	Hayley	PREEN	Senior	Female	20
2	01:41:24	625	Cana	Peek	Senior	Female	20
3	01:46:41	595	Annamart	LAUBSCHER	Senior	Female	24
4	01:47:12	561	Lauren	GRANGER	Senior	Female	26
5	02:00:58	547	Helene	ERASMUS	Senior	Female	22
6	02:02:05	566	Kristen	HEATH	Senior	Female	21
7	02:08:12	631	Alexandra	QUENET	Senior	Female	23
8	02:09:58	571	Cheryl	HOWSON	Senior	Female	32
9	02:11:19	538	Anneke	DU PLESSIS	Senior	Female	36
10	02:17:26	556	Gina	GIBSON	Senior	Female	30
11	02:20:54	673	Emily	YEO	Senior	Female	21
12	02:21:26	655	Nikola	VAN DER LINDE	Senior	Female	37
13	02:31:59	586	Michelle	KOBLISCHKE	Senior	Female	38
14	02:33:10	682	Bianca	SILBERBAUER	Senior	Female	23
15	02:33:14	643	Natasha	SOLARI	Senior	Female	26
16	02:36:29	611	Elmarie	MEYER	Senior	Female	35
17	02:40:32	678	Colleen	KNOT	Senior	Female	33
18	02:46:09	638	Elianne	SCHMITTINGER	Senior	Female	33
19	02:49:18	687	Aileen	UYS	Senior	Female	34
20	02:52:55	660	Raelene	VAN DER MERWE	Senior	Female	24
21	02:53:59	688	Jeanne	MEYER	Senior	Female	27
22	02:53:59	689	Zani	SMITH	Senior	Female	34
23	02:55:43	520	Lisa	Burger	Senior	Female	33
24	03:00:12	649	Heleen	TAYLER	Senior	Female	36
25	03:00:13	610	Elanie	MEYER	Senior	Female	17
26	03:06:44	515	Helet	BOTHA	Senior	Female	31
27	03:06:44	573	Gabi	IMMELMAN	Senior	Female	27
28	03:11:29	506	Angelique	BANNAU	Senior	Female	33
29	03:13:09	545	Kerry-Ann	ELSON	Senior	Female	34
30	03:15:10	555	Dominique	GEYSER	Senior	Female	39
31	03:15:38	640	Monique	SCHUTTE	Senior	Female	30
32	03:18:29	621	Kuhle	NYEMBE	Senior	Female	35
33	03:31:22	690	Cathenne	LOVETT	Senior	Female	33
34	04:08:08	581	Nenekazi	JUKUDA	Senior	Female	33
35	04:32:46	526	Colleen	CROSS	Senior	Female	38
36	04:36:11	614	Phemelo	MITCHELL	Senior	Female	34
37	04:36:22	685	Mmamayoudi	KUBJANE	Senior	Female	27

Veteran Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:35:38	534	Roger	DICKSON	Veteran	Male	45
2	01:56:29	717	Amir	SHROLA	Veteran	Male	40
3	01:57:33	541	Sakkie	DU TOIT	Veteran	Male	48
4	01:59:13	505	Yazied	BAKER	Veteran	Male	40
5	02:13:06	652	Paul	TURNER	Veteran	Male	40
6	02:13:22	674	Ryan	ZOUTENDYK	Veteran	Male	41
7	02:14:00	564	Niek	HARTEVELD	Veteran	Male	47
8	02:19:06	572	Daniel	HUGHES	Veteran	Male	41
9	02:21:21	577	Pierre	JORDAAN	Veteran	Male	45
10	02:25:12	683	Johan	BOOYSEN	Veteran	Male	46
11	02:28:59	692	Browne	BROWNE	Veteran	Male	43
12	02:38:08	646	Alan	STRUTHERS	Veteran	Male	45
13	02:39:05	528	Nico	CROUKAMP	Veteran	Male	46
14	02:42:13	513	Dom	BIRCH	Veteran	Male	44
15	02:44:04	656	Dirkie	VAN DER MERWE	Veteran	Male	46
16	02:46:22	567	Eric Craig	HENRY	Veteran	Male	44
17	03:04:45	624	Burgess	PATTERSON	Veteran	Male	47
18	03:06:24	680	Craig	REDELINGHUIS	Veteran	Male	44
19	03:08:03	560	Allan	GRACE	Veteran	Male	42
20	03:15:33	607	Graham	MCCOLLUM	Veteran	Male	41
21	03:17:01	633	Rezah	REID	Veteran	Male	40
22	04:27:18	676	Malefase	MADIBA	Veteran	Male	40

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:29:36	608	Suzette	MCIVOR	Veteran	Female	49
2	02:40:44	672	Petro	WIPPLINGER	Veteran	Female	41
3	02:40:47	501	Anne	Alessandri	Veteran	Female	43
4	02:41:53	592	Taryn	LANDMAN	Veteran	Female	40
5	02:47:16	503	Ursula	AUER	Veteran	Female	45
6	02:50:01	696	Lisa	PENNELL	Veteran	Female	40
7	02:55:24	530	Zelda	DE PAIVA	Veteran	Female	46
8	02:56:31	698	Keri	DAVIES	Veteran	Female	40
9	03:07:08	686	Karen	STEYN	Veteran	Female	49
10	03:13:40	527	Stephanie	CROSSLAND	Veteran	Female	47
11	03:15:15	605	Melanie	MARTIN	Veteran	Female	49
12	03:15:34	570	Jen	HOLNESS	Veteran	Female	40
13	03:55:25	575	Louisa	JACOBS	Veteran	Female	45
14	04:08:21	594	Jackie	LATEGAN	Veteran	Female	45
15	04:08:22	574	Cornel	JACOBS	Veteran	Female	41
16	04:32:49	641	Tamryn	SIRILLI	Veteran	Female	41

Master Men

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:49:09	568	Neil	HERMANN	Master	Male	59
2	01:54:19	549	David	FARRELL	Master	Male	53
3	02:03:38	580	Eric	JUDD	Master	Male	59
4	02:17:23	650	Lodewyk	TERBLANCHE	Master	Male	59
5	02:19:01	675	Graham	ALESSANDRI	Master	Male	58
6	02:28:26	557	Charles	GIRDLESTONE	Master	Male	53
7	02:35:11	554	Heinrich	GERICKE	Master	Male	51
8	02:35:34	553	Ganief	GALVAAN	Master	Male	59
9	02:39:04	597	Tinus	LE ROUX	Master	Male	58
10	02:40:00	517	Andre	BRINK	Master	Male	51
11	02:41:30	587	Johan	KRITZINGER	Master	Male	55
12	02:42:53	684	Kobos	LOURENS	Master	Male	55
13	02:44:03	661	Philip	VAN DER MERWWE	Master	Male	57
14	02:50:46	542	Don	DUFFIELD	Master	Male	50
15	02:54:37	544	John	ECCLES	Master	Male	68
16	03:00:11	507	Christian	BARET	Master	Male	58
17	03:18:20	536	Paul	DORNBRACK	Master	Male	59
18	03:43:40	636	Mark	SCHAFFNER	Master	Male	59
19	04:29:41	664	Phillip	VAN SCHALKWYK	Master	Male	70

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	02:44:06	601	Teretha	LOURENS	Master	Female	55
2	03:04:42	500	Noel	ADORNO	Master	Female	54
3	03:08:22	516	Liz	BRASH	Master	Female	59
4	03:19:55	591	Kim	LAMB	Master	Female	53
5	04:24:22	585	Hilary	KNIGHT	Master	Female	55