



Helderberg Mountain Challenge 11km

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:53:56	1061	Jaco	LOOTS	Senior	Male	32
2	00:54:25	1030	Mikhail	FISHER	Junior	Male	17
3	00:54:47	1176	Herman	DE LA GUERRE	Senior	Male	20
4	00:56:28	1162	Willem	BURGER	Senior	Male	26
5	00:59:00	1000	Suleiman	BABOO	Senior	Male	37
6	01:02:13	1006	Dominic	BENITO	Veteran	Male	47
7	01:03:10	1007	Reino	BINGLE	Senior	Male	29
8	01:03:21	1071	Jon	MUNRO	Senior	Male	36
9	01:04:03	1001	Hanja	BADENHORST	Veteran	Female	44
10	01:05:22	1016	Bharn	BURGERS	Veteran	Male	43
11	01:05:33	1027	Ekard	DICKS	Senior	Male	29
12	01:05:35	1165	Jade	BREMNER	Junior	Female	15
13	01:05:38	1170	Michael	PEACOCK	Veteran	Male	45
14	01:07:42	1049	Daniel	JUBERT	Senior	Male	37
15	01:07:45	1020	Thurstan	COLE	Senior	Male	22
16	01:07:49	1023	Jean	DE KOCK	Senior	Male	37
17	01:07:54	1106	Ben	VAN RENSBURG	Veteran	Male	45
18	01:09:27	1015	Lauren	BUCHAN	Senior	Female	27
19	01:11:34	1012	Ashley	BRAVER	Master	Male	50
20	01:11:51	1044	Christian	HUNTER	Senior	Male	30
21	01:12:14	1079	Melissa	PHELPS	Senior	Female	37
22	01:12:14	1096	Johann	THERON	Master	Male	61
23	01:12:46	1089	Ashleigh	SINGERS	Veteran	Female	41
24	01:13:00	1169	Ralf	BOCHNIG	Master	Male	55
25	01:13:06	1103	Johan	VAN LITSENBORGH	Senior	Male	39
26	01:13:30	1102	Marizanne	UYS	Senior	Female	27
27	01:13:33	1075	Denham	PARKER	Senior	Male	33
28	01:13:44	1019	Dianne	CAMERON-P	Veteran	Female	43
29	01:13:49	1031	Frances	FUCHS	Veteran	Female	44
30	01:14:09	1063	Michelle	MAREE	Veteran	Female	46
31	01:14:12	1017	Jason	BURKE	Veteran	Male	48
32	01:15:07	1084	Kelly	ROBBERTZE	Senior	Female	29
33	01:15:07	1093	Brian	SUPER	Master	Male	60
34	01:15:34	1078	Gareth	PHELPS	Veteran	Male	40
35	01:15:44	1086	Jaco	SCHOEMAN	Veteran	Male	41
36	01:16:10	1180	Kerry	TRENTHAM	Veteran	Male	44
37	01:16:21	1097	Henry	THOMSON	Veteran	Male	44
38	01:16:26	1004	Jennifer	BEGG	Senior	Female	30
39	01:16:30	1058	Jade	LE ROUX	Senior	Female	33
40	01:16:56	1092	Fiona	STUART	Veteran	Female	47
41	01:16:58	1091	Andrew	STUART	Master	Male	51
42	01:17:00	1174	Tiffany	MARSHALL-SMITH	Senior	Female	37
43	01:17:09	1161	Etienne	DU TOIT	Veteran	Male	45
44	01:17:33	1105	Anton	VAN NIEKERK	Veteran	Male	40
45	01:17:38	1173	Demaine	VILJOEN	Veteran	Female	40
46	01:18:52	1039	Diederik	HATTINGH	Senior	Male	34
47	01:20:10	1050	Alan	KALTON	Veteran	Male	49
48	01:20:14	1163	Owen	WITTRIDGE	Veteran	Male	42
49	01:21:00	1172	Kara	LAMB	Junior	Female	15
50	01:21:29	1111	Adam	WEINBERG	Senior	Male	30
51	01:23:15	1098	Gela	T-LKEN	Senior	Female	36
52	01:23:25	1067	Katharine	MICHAUD	Senior	Female	34
53	01:24:21	1014	Ryan	BROWN	Senior	Male	37
54	01:24:22	1177	Annemane	FICK	Senior	Female	30
55	01:24:30	1074	Janecke	OOSTHUIZEN	Senior	Female	23
56	01:24:30	1101	Mabru	UYS	Senior	Female	23

57	01:24:40	1043	Alastair	HOPS	Veteran	Male	47
58	01:25:16	1054	Juanita	Kruger	Senior	Female	30
59	01:25:22	1003	Lerina	BASSON	Senior	Female	39
60	01:25:31	1022	Wayne	DAVIDS	Veteran	Male	49
61	01:25:43	1100	Shona	TROOST	Senior	Female	25
62	01:25:44	1040	Carolyn	HENRY	Veteran	Female	42
63	01:26:31	1002	Janke	BARNARD	Senior	Female	27
64	01:27:05	1087	Frans	SCHUTTE	Master	Male	59
65	01:27:33	1025	Claire	DENTON	Senior	Female	37
66	01:28:39	1167	Erin	HILL	Senior	Female	25
67	01:29:01	1057	Kim	LAUBSCHER	Senior	Female	30
68	01:29:03	1095	Roger	TABELIAO	Senior	Male	31
69	01:29:13	1114	David	WILLIS	Veteran	Male	40
70	01:29:25	1168	Leanne	PICKERING	Senior	Female	26
71	01:29:30	1029	Jacques	FERREIRA	Senior	Male	36
72	01:29:32	1024	Tracy	DE LANGE	Veteran	Female	47
73	01:29:47	1099	Mathias	T=LKEN	Veteran	Male	45
74	01:29:56	1077	Elizabeth	PFEIFFER	Senior	Female	32
75	01:29:56	1083	Sean	RAPAPORT	Senior	Male	34
76	01:30:21	1041	Sue-Ellen	HILGEMANN	Senior	Female	38
77	01:30:27	1073	Dick	OLIEMANS	Master	Male	59
78	01:30:33	1166	Elena	SCHOLTZ	Veteran	Female	41
79	01:31:08	1080	Bernice	PIENAAR	Senior	Female	31
80	01:31:29	1021	Tracy	CROWTHER	Master	Female	50
81	01:31:30	1018	Adele	Camara	Veteran	Female	40
82	01:32:09	1062	Ellen	LOUIS	Veteran	Female	43
83	01:32:28	1203	Yolande	MALAN	Senior	Female	38
84	01:32:28	1171	Vivienne	LA COCK	Senior	Female	37
85	01:33:17	1179	Hanro	FICK	Senior	Male	31
86	01:33:55	1008	Madelaine	BLIGNAUT	Veteran	Female	45
87	01:34:06	1032	Andrew	GADE	Veteran	Male	43
88	01:34:06	1033	David	GADE	Veteran	Male	49
89	01:34:09	1068	Ralph	MISKEY	Senior	Male	32
90	01:34:29	1056	Allison	LAMB	Veteran	Female	48
91	01:34:37	1005	Lindy	BEHRENS	Senior	Female	27
92	01:35:43	1010	Hellen	BOSHOFF	Veteran	Female	48
93	01:36:00	1088	Marquerite	SCHUTTE	Senior	Female	28
94	01:36:38	1037	Michele	GROENEWALDT	Master	Female	54
95	01:36:41	1094	Marie	SWANEPOEL	Senior	Female	38
96	01:38:54	1082	Gareth	RAMSDEN	Veteran	Male	44
97	01:38:54	1202	Barend	BREDEKAMP	Veteran	Male	43
98	01:39:19	1085	Riedwaan	SALIE	Master	Male	63
99	01:40:57	1069	Noloyiso	MTOKO	Senior	Female	35
100	01:42:43	1035	Christopher	GRIEBENOUW	Senior	Male	30
101	01:43:44	1090	Vita	SPIES	Veteran	Female	40
102	01:46:15	1046	Adel	JACBOS	Senior	Female	38
103	01:49:40	1160	Emma	HUBBLE	Senior	Female	21
104	01:56:39	1036	Lee	GROENEWALDT	Senior	Male	37
105	02:00:47	1175	Chantell	MOSS	Senior	Female	32

Senior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:53:56	1061	Jaco	LOOTS	Senior	Male	32
2	00:54:47	1176	Herman	DE LA GUERRE	Senior	Male	20
3	00:56:28	1162	Willem	BURGER	Senior	Male	26
4	00:59:00	1000	Suleiman	BABOO	Senior	Male	37
5	01:03:10	1007	Reino	BINGLE	Senior	Male	29
6	01:03:21	1071	Jon	MUNRO	Senior	Male	36
7	01:05:33	1027	Ekard	DICKS	Senior	Male	29
8	01:07:42	1049	Daniel	JUBERT	Senior	Male	37
9	01:07:45	1020	Thurstan	COLE	Senior	Male	22
10	01:07:49	1023	Jean	DE KOCK	Senior	Male	37
11	01:11:51	1044	Christian	HUNTER	Senior	Male	30
12	01:13:06	1103	Johan	VAN LITSENBORGH	Senior	Male	39
13	01:13:33	1075	Denham	PARKER	Senior	Male	33
14	01:18:52	1039	Diederik	HATTINGH	Senior	Male	34
15	01:21:29	1111	Adam	WEINBERG	Senior	Male	30
16	01:24:21	1014	Ryan	BROWN	Senior	Male	37
17	01:29:03	1095	Roger	TABELIAO	Senior	Male	31
18	01:29:30	1029	Jacques	FERREIRA	Senior	Male	36
19	01:29:56	1083	Sean	RAPAPORT	Senior	Male	34
20	01:33:17	1179	Hanro	FICK	Senior	Male	31
21	01:34:09	1068	Ralph	MISKEY	Senior	Male	32
22	01:42:43	1035	Christopher	GRIEBENOUW	Senior	Male	30
23	01:56:39	1036	Lee	GROENEWALDT	Senior	Male	37

Senior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:09:27	1015	Lauren	BUCHAN	Senior	Female	27
2	01:12:14	1079	Melissa	PHELPS	Senior	Female	37
3	01:13:30	1102	Marizanne	UYS	Senior	Female	27
4	01:15:07	1084	Kelly	ROBBERTZE	Senior	Female	29
5	01:16:26	1004	Jennifer	BEGG	Senior	Female	30
6	01:16:30	1058	Jade	LE ROUX	Senior	Female	33
7	01:17:00	1174	Tiffany	MARSHALL-SMITH	Senior	Female	37
8	01:23:15	1098	Gela	T=LKEN	Senior	Female	36
9	01:23:25	1067	Katharine	MICHAUD	Senior	Female	34
10	01:24:22	1177	Annemane	FICK	Senior	Female	30
11	01:24:30	1074	Janecke	OOSTHUIZEN	Senior	Female	23
12	01:24:30	1101	Mabru	UYS	Senior	Female	23
13	01:25:16	1054	Juanita	Kruger	Senior	Female	30
14	01:25:22	1003	Lerina	BASSON	Senior	Female	39
15	01:25:43	1100	Shona	TROOST	Senior	Female	25
16	01:26:31	1002	Janke	BARNARD	Senior	Female	27
17	01:27:33	1025	Claire	DENTON	Senior	Female	37
18	01:28:39	1167	Erin	HILL	Senior	Female	25
19	01:29:01	1057	Kim	LAUBSCHER	Senior	Female	30
20	01:29:25	1168	Leanne	PICKERING	Senior	Female	26
21	01:29:56	1077	Elizabeth	PFEIFFER	Senior	Female	32
22	01:30:21	1041	Sue-Ellen	HILGEMANN	Senior	Female	38
23	01:31:08	1080	Bernice	PIENAAR	Senior	Female	31
24	01:32:28	1203	Yolande	MALAN	Senior	Female	38
25	01:32:28	1171	Vivienne	LA COCK	Senior	Female	37
26	01:34:37	1005	Lindy	BEHRENS	Senior	Female	27
27	01:36:00	1088	Marquerite	SCHUTTE	Senior	Female	28
28	01:36:41	1094	Marie	SWANEPOEL	Senior	Female	38
29	01:40:57	1069	Noloyiso	MTOKO	Senior	Female	35
30	01:46:15	1046	Adel	JACBOS	Senior	Female	38
31	01:49:40	1160	Emma	HUBBLE	Senior	Female	21
32	02:00:47	1175	Chantell	MOSS	Senior	Female	32

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:02:13	1006	Dominic	BENITO	Veteran	Male	47
2	01:05:22	1016	Bharn	BURGERS	Veteran	Male	43
3	01:05:38	1170	Michael	PEACOCK	Veteran	Male	45
4	01:07:54	1106	Ben	VAN RENSBURG	Veteran	Male	45
5	01:14:12	1017	Jason	BURKE	Veteran	Male	48
6	01:15:34	1078	Gareth	PHELPS	Veteran	Male	40
7	01:15:44	1086	Jaco	SCHOEMAN	Veteran	Male	41
8	01:16:10	1180	Kerry	TRENTHAM	Veteran	Male	44
9	01:16:21	1097	Henry	THOMSON	Veteran	Male	44
10	01:17:09	1161	Etienne	DU TOIT	Veteran	Male	45
11	01:17:33	1105	Anton	VAN NIEKERK	Veteran	Male	40
12	01:20:10	1050	Alan	KALTON	Veteran	Male	49
13	01:20:14	1163	Owen	WITTRIDGE	Veteran	Male	42
14	01:24:40	1043	Alastair	HOPS	Veteran	Male	47
15	01:25:31	1022	Wayne	DAVIDS	Veteran	Male	49
16	01:29:13	1114	David	WILLIS	Veteran	Male	40
17	01:29:47	1099	Mathias	T=LKEN	Veteran	Male	45
18	01:34:06	1032	Andrew	GADE	Veteran	Male	43
19	01:34:06	1033	David	GADE	Veteran	Male	49
20	01:38:54	1082	Gareth	RAMSDEN	Veteran	Male	44
21	01:38:54	1202	Barend	BREDENKAMP	Veteran	Male	43

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:04:03	1001	Hanja	BADENHORST	Veteran	Female	44
2	01:12:46	1089	Ashleigh	SINGERS	Veteran	Female	41
3	01:13:44	1019	Dianne	CAMERON-P	Veteran	Female	43
4	01:13:49	1031	Frances	FUCHS	Veteran	Female	44
5	01:14:09	1063	Michelle	MAREE	Veteran	Female	46
6	01:16:56	1092	Fiona	STUART	Veteran	Female	47
7	01:17:38	1173	Demaine	VILJOEN	Veteran	Female	40
8	01:25:44	1040	Carolyn	HENRY	Veteran	Female	42
9	01:29:32	1024	Tracy	DE LANGE	Veteran	Female	47
10	01:30:33	1166	Elena	SCHOLTZ	Veteran	Female	41
11	01:31:30	1018	Adele	Camara	Veteran	Female	40
12	01:32:09	1062	Ellen	LOUIS	Veteran	Female	43
13	01:33:55	1008	Madelaine	BLIGNAUT	Veteran	Female	45
14	01:34:29	1056	Allison	LAMB	Veteran	Female	48
15	01:35:43	1010	Hellen	BOSHOFF	Veteran	Female	48
16	01:43:44	1090	Vita	SPIES	Veteran	Female	40

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:11:34	1012	Ashley	BRAVER	Master	Male	50
2	01:12:14	1096	Johann	THERON	Master	Male	61
3	01:13:00	1169	Ralf	BOCHNIG	Master	Male	55
4	01:15:07	1093	Brian	SUPER	Master	Male	60
5	01:16:58	1091	Andrew	STUART	Master	Male	51
6	01:27:05	1087	Frans	SCHUTTE	Master	Male	59
7	01:30:27	1073	Dick	OLIEMANS	Master	Male	59
8	01:39:19	1085	Riedwaan	SALIE	Master	Male	63

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:31:29	1021	Tracy	CROWTHER	Master	Female	50
2	01:36:38	1037	Michele	GROENEWALDT	Master	Female	54

Junior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:54:25	1030	Mikhail	FISHER	Junior	Male	17

Junior Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:05:35	1165	Jade	BREMNER	Junior	Female	15
1	01:21:00	1172	Kara	LAMB	Junior	Female	15