



Helderberg Mountain Run 2017 11km



Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:50:00	707	Alec	Botha	Junior	Male	15
2	00:56:56	722	Herman	De La Guerre	Open	Male	19
3	00:58:36	769	Jan - Hendrik	La Cock	Junior	Male	16
4	00:59:34	710	Aurelien	Brandt	Open	Male	25
5	00:59:39	868	Timothy	Rimoll	Open	Male	18
6	01:00:46	867	Ester	Brink	Master	Female	52
7	01:01:58	755	Joe	Harding	Open	Male	23
8	01:02:44	845	Anton	Vorster	Open	Male	31
9	01:03:19	840	Nick	Van Schie	Open	Male	28
10	01:05:36	823	Liam	Stander	Open	Male	29
11	01:06:43	875	Ramsey	Van Liesenburg	Veteran	Male	40
12	01:08:00	791	Wesley	Nash	Open	Male	30
13	01:09:02	836	Kobe	Van Dijk	Open	Male	22
14	01:09:27	782	Louis	Meyer	Master	Male	53
15	01:10:48	773	Charlotte	Lovemore	Open	Female	21
16	01:10:59	822	Cornel	Stander	Open	Female	26
17	01:11:34	802	Michael	Peacock	Veteran	Male	44
18	01:11:37	743	Mike	Franck	Open	Male	31
19	01:12:14	711	Ashley	Braver	Veteran	Male	49
20	01:12:54	851	Teretha	Lourens	Master	Female	52
21	01:13:03	870	Zayne	Bartley	Open	Male	32
22	01:13:08	793	Ariane	Nevin	Open	Female	29
23	01:13:20	835	Peter	Van Der Zee	Open	Male	39
24	01:13:53	749	Julie	Ghijselen	Open	Female	23
25	01:13:55	850	Kobus	Lourens	Master	Male	54
26	01:13:57	798	Shree	Om	Open	Male	33
27	01:13:58	852	Fiona	Stuart	Veteran	Female	46
28	01:14:26	861	Graham	Lee	Veteran	Male	45
29	01:14:29	741	Riaan	Fourie	Veteran	Male	40
30	01:14:31	716	Dianne	Cameron-Parker	Veteran	Female	42
31	01:14:54	763	Corneli	Jooste	Open	Female	25
32	01:15:19	700	Stefano	Aracena	Open	Male	34
33	01:15:25	715	Wenna	Burger	Open	Male	35
34	01:15:55	830	Krissi	Tittley	Open	Female	25
35	01:16:03	742	Terblanche	Fourie	Open	Male	38
36	01:16:05	719	Andre	Conradie	Veteran	Male	40
37	01:16:21	838	Sebastiaan	Van Poucke	Open	Male	30
38	01:16:22	775	Marlo	Mangiagalli	Open	Male	37
39	01:17:22	781	Craig	Melvill	Veteran	Male	43
40	01:17:25	841	Harry	Van Wyk	Open	Male	20
41	01:17:27	801	Lara	Paul	Open	Female	21
42	01:17:38	820	Rachel	Shuttleworth	Master	Female	51
43	01:18:43	737	Felix	Felix	Open	Female	20
44	01:19:09	733	Francois	Du Toit	Open	Male	28
45	01:19:19	787	Shane	Muller	Open	Male	30
46	01:19:42	708	Frederick	Botha	Open	Male	30
47	01:19:45	740	Lizette	Fourie	Open	Female	34
48	01:21:11	725	Tanya	Deacon	Open	Female	18
49	01:22:19	844	Megan	Venturas	Open	Female	27
50	01:22:20	843	Alexander	Venturas	Open	Male	26
51	01:22:48	794	Mduduzi Maurice	Nhleko	Open	Male	32
52	01:22:58	813	Jurgen	Scherzinger	Master	Male	59
53	01:23:05	799	Michael	Orchard	Master	Male	51
54	01:23:15	804	Tiaan	Pietersen	Open	Male	25
55	01:23:31	732	Wouter	Du Preez	Veteran	Male	44
56	01:23:57	857	Dick	Oliemans	Master	Male	58
57	01:24:23	827	Swart	Swart	Open	Female	26
58	01:24:27	709	Rodé	Botha	Open	Female	29
59	01:25:22	874	Pieter	Koen	Veteran	Male	44
60	01:25:30	724	Charl	De Villiers	Open	Male	32
61	01:25:33	757	David	Hoek	Open	Male	28
62	01:25:45	751	Kamlen	Govender	Open	Male	29
63	01:25:50	721	Nicola	De Jager	Veteran	Female	41
64	01:27:25	817	Monique	Schutte	Open	Female	29

65	01:27:51	784	Douglas	Mitchell	Veteran	Male	49
66	01:28:31	816	Frans	Schutte	Master	Male	58
67	01:28:35	777	Zenobia	Martin	Open	Female	34
68	01:28:37	873	Nyreen	Koen	Open	Female	37
69	01:29:02	739	Dani	Fourie	Open	Female	24
70	01:29:20	705	Jody	Boffa-Xala	Open	Female	38
71	01:29:57	712	Anthony	Briton	Master	Male	53
72	01:30:19	860	Carl	Robinson	Master	Male	50
73	01:30:21	859	Carol	Robinson	Veteran	Female	46
74	01:30:34	726	Claire	Denton	Open	Female	36
75	01:32:06	847	Disy	Weldon	Open	Female	39
76	01:32:14	858	Paul	Francis	Open	Male	38
77	01:32:22	717	William	Clift	Open	Male	27
78	01:32:42	703	Angelique	Bannau	Open	Female	32
79	01:33:56	760	Farzaana	Jacobs	Open	Female	39
80	01:33:57	774	Moegamad	Majal	Veteran	Male	43
81	01:34:50	910	Tara	Deacon	Veteran	Female	45
82	01:34:54	837	Danielle	Van Niekerk	Open	Female	28
83	01:34:57	766	Chloe	Kotze	Open	Female	29
84	01:34:58	718	Andrew	Colling	Open	Male	36
85	01:35:15	800	Darryn	Padayachee	Open	Male	29
86	01:35:34	786	Noloyiso	Mtoko	Open	Female	34
87	01:35:40	818	Vicky	Shaw	Open	Female	37
88	01:36:19	780	Ntokozo	Mdaki	Open	Male	19
89	01:36:35	748	Dominique	Geysler	Open	Female	38
90	01:36:36	747	Juanita	Geyer	Veteran	Female	44
91	01:37:58	736	Rugaya	Edwards	Master	Female	54
92	01:37:59	734	Tasneem	Du Toit-Bardien	Open	Female	39
93	01:38:01	738	Colette	Fuyder	Veteran	Female	40
94	01:38:26	788	Ardeen	Munnik	Open	Female	24
95	01:38:28	797	Tessa	Olivier	Open	Female	24
96	01:39:42	753	Michele	Groenewaldt	Master	Female	53
97	01:39:45	826	Jill	Swart	Open	Female	39
98	01:39:46	745	Andrew	Gade	Veteran	Male	42
99	01:39:48	792	Marlene	Nell	Veteran	Female	48
100	01:40:16	869	Sindi-Leigh	McBride	Open	Female	29
101	01:40:22	789	Jo	Munro	Veteran	Female	49
102	01:40:26	735	Moegsien	Ebrahim	Master	Male	57
103	01:42:06	856	Aneekah	Fataar	Veteran	Female	46
104	01:43:12	846	Anne-Marie	Warner	Veteran	Female	46
105	01:43:14	878	Vatima	Drew	Master	Female	58
106	01:44:10	713	Olivia	Briton	Master	Female	53
107	01:44:17	762	Teresa	Jennings	Veteran	Female	41
108	01:45:36	877	Derek	Drew	Master	Male	57
109	01:46:11	772	Petro	Liebenberg	Open	Female	36
110	01:46:14	832	Hannelie	Truter	Veteran	Female	45
111	01:46:16	805	Nerson	Pillay	Veteran	Male	41
112	01:46:18	833	Aqeela	Valley	Open	Female	25
113	01:46:21	704	Elmarie	Bessinger	Veteran	Female	41
114	01:46:25	821	Vita	Spies	Open	Female	39
115	01:46:50	759	Clayton	Jacobs	Open	Male	34
116	01:46:53	752	Christopher	Griebenouw	Open	Male	29
117	01:48:37	839	Flip	Van Schalkwyk	Master	Male	69
118	01:48:48	746	Bianca	Geldenhuis	Open	Female	34
119	01:49:27	829	Michelle	Taylor	Veteran	Female	48
120	01:49:29	776	Ric	Marini	Master	Male	62
121	01:50:55	834	Bettina	Van Den Hurk	Veteran	Female	45
122	01:51:54	831	Kathie	Troost	Master	Female	59
123	01:51:56	862	Alison	Carstens	Open	Female	37
124	01:51:58	863	Cobus	Carstens	Open	Male	38
125	01:52:09	865	Hayley	Wittridge	Open	Female	38
126	01:52:10	864	San	Schumtz	Veteran	Female	42
127	01:52:16	853	Yasmin	Toeffie	Master	Female	59
128	01:52:32	785	Phemelo Mosadinyana	Mitchell	Open	Female	33
129	01:52:33	814	Elianne	Schmittinger	Open	Female	32
130	01:53:11	783	Danjelle	Midgley	Open	Female	31
131	01:53:14	819	Adela	Sheik	Master	Female	54
132	01:54:05	779	Zaida	Mccallum	Veteran	Female	49
133	01:54:27	720	Nazli	Daniels	Veteran	Female	41
134	01:54:31	824	Shirleen	Sullivan	Veteran	Female	43
135	01:56:14	872	Emma	Horn	Veteran	Female	42
136	01:56:16	871	Tracey	Van Zyl	Veteran	Female	42
137	01:58:05	761	Abdul	Jappie	Veteran	Male	41

138	01:58:08	770	Amanda	Ladewig	Veteran	Female	43
139	01:59:41	756	Penny	Heath	Master	Female	70
140	01:59:46	778	Fazlin	Mccallum	Veteran	Female	47
141	02:07:24	731	Sianna	Dorfling	Open	Female	27
142	02:07:26	730	Kyle	Dorfling	Open	Male	26
143	02:11:39	758	Brenda	Human	Master	Female	52
144	02:12:51	876	Gert	Moolman	Master	Male	50
145	02:14:45	803	Franciska	Pienaar	Veteran	Female	43
146	02:14:47	771	Manfred	Laumann	Master	Male	58
147	02:47:23	855	Randy	Pieterse	Master	Male	61

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:56:56	722	Herman	De La Guerre	Open	Male	19
2	00:59:34	710	Aurelien	Brandt	Open	Male	25
3	00:59:39	868	Timothy	Rimoll	Open	Male	18
4	01:01:58	755	Joe	Harding	Open	Male	23
5	01:02:44	845	Anton	Vorster	Open	Male	31
6	01:03:19	840	Nick	Van Schie	Open	Male	28
7	01:05:36	823	Liam	Stander	Open	Male	29
8	01:08:00	791	Wesley	Nash	Open	Male	30
9	01:09:02	836	Kobe	Van Dijk	Open	Male	22
10	01:11:37	743	Mike	Franck	Open	Male	31
11	01:13:03	870	Zayne	Bartley	Open	Male	32
12	01:13:20	835	Peter	Van Der Zee	Open	Male	39
13	01:13:57	798	Shree	Om	Open	Male	33
14	01:15:19	700	Stefano	Aracena	Open	Male	34
15	01:15:25	715	Wenna	Burger	Open	Male	35
16	01:16:03	742	Terblanche	Fourie	Open	Male	38
17	01:16:21	838	Sebastiaan	Van Poucke	Open	Male	30
18	01:16:22	775	Marlo	Mangiagalli	Open	Male	37
19	01:17:25	841	Harry	Van Wyk	Open	Male	20
20	01:19:09	733	Francois	Du Toit	Open	Male	28
21	01:19:19	787	Shane	Muller	Open	Male	30
22	01:19:42	708	Frederick	Botha	Open	Male	30
23	01:22:20	843	Alexander	Venturas	Open	Male	26
24	01:22:48	794	Mduduzi Maurice	Nhleko	Open	Male	32
25	01:23:15	804	Tiaan	Pietersen	Open	Male	25
26	01:25:30	724	Charl	De Villiers	Open	Male	32
27	01:25:33	757	David	Hoek	Open	Male	28
28	01:25:45	751	Kamlen	Govender	Open	Male	29
29	01:32:14	858	Paul	Francis	Open	Male	38
30	01:32:22	717	William	Clift	Open	Male	27
31	01:34:58	718	Andrew	Colling	Open	Male	36
32	01:35:15	800	Darryn	Padayachee	Open	Male	29
33	01:36:19	780	Ntokozi	Mdaki	Open	Male	19
34	01:46:50	759	Clayton	Jacobs	Open	Male	34
35	01:46:53	752	Christopher	Griebenouw	Open	Male	29
36	01:51:58	863	Cobus	Carstens	Open	Male	38
37	02:07:26	730	Kyle	Dorfling	Open	Male	26

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:10:48	773	Charlotte	Lovemore	Open	Female	21
2	01:10:59	822	Cornel	Stander	Open	Female	26
3	01:13:08	793	Ariane	Nevin	Open	Female	29
4	01:13:53	749	Julie	Ghijselen	Open	Female	23
5	01:14:54	763	Corneli	Jooste	Open	Female	25
6	01:15:55	830	Krissi	Tittley	Open	Female	25
7	01:17:27	801	Lara	Paul	Open	Female	21
8	01:18:43	737	Felix	Felix	Open	Female	20
9	01:19:45	740	Lizette	Fourie	Open	Female	34
10	01:21:11	725	Tanya	Deacon	Open	Female	18
11	01:22:19	844	Megan	Venturas	Open	Female	27
12	01:24:23	827	Swart	Swart	Open	Female	26
13	01:24:27	709	Rodé	Botha	Open	Female	29
14	01:27:25	817	Monique	Schutte	Open	Female	29
15	01:28:35	777	Zenobia	Martin	Open	Female	34
16	01:28:37	873	Nyreen	Koen	Open	Female	37
17	01:29:02	739	Dani	Fourie	Open	Female	24
18	01:29:20	705	Jody	Boffa-Xala	Open	Female	38
19	01:30:34	726	Claire	Denton	Open	Female	36
20	01:32:06	847	Disy	Weldon	Open	Female	39
21	01:32:42	703	Angelique	Bannau	Open	Female	32
22	01:33:56	760	Farzaana	Jacobs	Open	Female	39
23	01:34:54	837	Danielle	Van Niekerk	Open	Female	28
24	01:34:57	766	Chloe	Kotze	Open	Female	29
25	01:35:34	786	Noloyiso	Mtoko	Open	Female	34
26	01:35:40	818	Vicky	Shaw	Open	Female	37
27	01:36:35	748	Dominique	Geyser	Open	Female	38
28	01:37:59	734	Tasneem	Du Toit-Bardien	Open	Female	39
29	01:38:26	788	Ardeen	Munnik	Open	Female	24
30	01:38:28	797	Tessa	Olivier	Open	Female	24
31	01:39:45	826	Jill	Swart	Open	Female	39
32	01:40:16	869	Sindi-Leigh	McBride	Open	Female	29
33	01:46:11	772	Petro	Liebenberg	Open	Female	36
34	01:46:18	833	Aqeela	Valley	Open	Female	25
35	01:46:25	821	Vita	Spies	Open	Female	39
36	01:48:48	746	Bianca	Geldenhuis	Open	Female	34
37	01:51:56	862	Alison	Carstens	Open	Female	37
38	01:52:09	865	Hayley	Wittridge	Open	Female	38
39	01:52:32	785	Phemelo Mosadinyana	Mitchell	Open	Female	33
40	01:52:33	814	Elianne	Schmittinger	Open	Female	32
41	01:53:11	783	Danjelle	Midgley	Open	Female	31
42	02:07:24	731	Sianna	Dorfling	Open	Female	27

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:06:43	875	Ramsey	Van Liesenburg	Veteran	Male	40
2	01:11:34	802	Michael	Peacock	Veteran	Male	44
3	01:12:14	711	Ashley	Braver	Veteran	Male	49
4	01:14:26	861	Graham	Lee	Veteran	Male	45
5	01:14:29	741	Riaan	Fourie	Veteran	Male	40
6	01:16:05	719	Andre	Conradie	Veteran	Male	40
7	01:17:22	781	Craig	Melville	Veteran	Male	43
8	01:23:31	732	Wouter	Du Preez	Veteran	Male	44
9	01:25:22	874	Pieter	Koen	Veteran	Male	44
10	01:27:51	784	Douglas	Mitchell	Veteran	Male	49
11	01:33:57	774	Moegamad	Majal	Veteran	Male	43
12	01:39:46	745	Andrew	Gade	Veteran	Male	42
13	01:46:16	805	Nerson	Pillay	Veteran	Male	41
14	01:58:05	761	Abdul	Jappie	Veteran	Male	41

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:13:58	852	Fiona	Stuart	Veteran	Female	46
2	01:14:31	716	Dianne	Cameron-Parker	Veteran	Female	42
3	01:25:50	721	Nicola	De Jager	Veteran	Female	41
4	01:30:21	859	Carol	Robinson	Veteran	Female	46
5	01:34:50	910	Tara	Deacon	Veteran	Female	45
6	01:36:36	747	Juanita	Geyer	Veteran	Female	44
7	01:38:01	738	Colette	Feyder	Veteran	Female	40
8	01:39:48	792	Marlene	Nell	Veteran	Female	48
9	01:40:22	789	Jo	Munro	Veteran	Female	49
10	01:42:06	856	Aneekah	Fataar	Veteran	Female	46
11	01:43:12	846	Anne-Marie	Warner	Veteran	Female	46
12	01:44:17	762	Teresa	Jennings	Veteran	Female	41
13	01:46:14	832	Hannelie	Truter	Veteran	Female	45
14	01:46:21	704	Elmarie	Bessinger	Veteran	Female	41
15	01:49:27	829	Michelle	Taylor	Veteran	Female	48
16	01:50:55	834	Bettina	Van Den Hurk	Veteran	Female	45
17	01:52:10	864	San	Schumtz	Veteran	Female	42
18	01:54:05	779	Zaida	Mccallum	Veteran	Female	49
19	01:54:27	720	Nazli	Daniels	Veteran	Female	41
20	01:54:31	824	Shirleen	Sullivan	Veteran	Female	43
21	01:56:14	872	Emma	Horn	Veteran	Female	42
22	01:56:16	871	Tracey	Van Zyl	Veteran	Female	42
23	01:58:08	770	Amanda	Ladewig	Veteran	Female	43
24	01:59:46	778	Fazlin	Mccallum	Veteran	Female	47
25	02:14:45	803	Franciska	Pienaar	Veteran	Female	43

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:09:27	782	Louis	Meyer	Master	Male	53
2	01:13:55	850	Kobus	Lourens	Master	Male	54
3	01:22:58	813	Jurgen	Scherzinger	Master	Male	59
4	01:23:05	799	Michael	Orchard	Master	Male	51
5	01:23:57	857	Dick	Oliemans	Master	Male	58
6	01:28:31	816	Frans	Schutte	Master	Male	58
7	01:29:57	712	Anthony	Briton	Master	Male	53
8	01:30:19	860	Carl	Robinson	Master	Male	50
9	01:40:26	735	Moegsien	Ebrahim	Master	Male	57
10	01:45:36	877	Derek	Drew	Master	Male	57
11	01:48:37	839	Flip	Van Schalkwyk	Master	Male	69
12	01:49:29	776	Ric	Marini	Master	Male	62
13	02:12:51	876	Gert	Moolman	Master	Male	50
14	02:14:47	771	Manfred	Laumann	Master	Male	58
15	02:47:23	855	Randy	Pieterse	Master	Male	61

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:00:46	867	Ester	Brink	Master	Female	52
2	01:12:54	851	Teretha	Lourens	Master	Female	52
3	01:17:38	820	Rachel	Shuttleworth	Master	Female	51
4	01:37:58	736	Rugaya	Edwards	Master	Female	54
5	01:39:42	753	Michele	Groenewaldt	Master	Female	53
6	01:43:14	878	Vatima	Drew	Master	Female	58
7	01:44:10	713	Olivia	Briton	Master	Female	53
8	01:51:54	831	Kathie	Troost	Master	Female	59
9	01:52:16	853	Yasmin	Toeffie	Master	Female	59
10	01:53:14	819	Adela	Sheik	Master	Female	54
11	01:59:41	756	Penny	Heath	Master	Female	70
12	02:11:39	758	Brenda	Human	Master	Female	52

Junior Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	00:50:00	707	Alec	Botha	Junior	Male	15
2	00:58:36	769	Jan - Hendrik	La Cock	Junior	Male	16