



11 km

Route Description



11km Jonkershoek Mountain Run

This is the fast and fun route that has none of the huge climbs or big mountain challenges that come with it's two big brothers. So if you are a short course trail runner, junior, novice or someone who just prefers to take in the super accessible fun distance – this one is for you.

This race is the second to start from the Assegaaibosch Nature Reserve (which means that if you are supporting a family or friend in either the 24km or 38km, you should be able to complete this in time to to see them finish) and heads into the Jonkershoek Nature Reserve along the same gentle 1.5km jeep track section as the 38km & 24km routes, and just perfect to stretch the legs. A gradual climb starts at the 1.75km mark – all on forestry jeep track and continues for a further 2.25km.

After 3.4km, you will turn left off the main track and descend down a fun, smooth mountain bike single track for a further 1.3km before crossing over the lower jeep track at 4.7km. Take the time to look up and around you at the sheer magnificence of the towering peaks that surround you! Shortly thereafter you cross the Eerste Rivier (First River) and climb steeply before turning right onto a winding mountain bike single track trail called 'Patula'. At 6km you gain the main Jonkershoek access track and turn back towards the finish, but the fun is not over!

At 6.5km we turn you back down to join the same 'Patula' MTB trail but this time turning downhill towards Kleinplaas Dam. At 8.1km, you will turn left towards the Kleinplaas Dam Wall entrance and yes, you will be going THROUGH the Dam Wall! From here you will link up with the jeep track you went out on before turning a sharp left then a right to run the last 1.5km on the same outbound track to the finish

